



## Yorkshire Advanced Riders & Drivers (East)

### Pre Ride/Test Drill

Making the right impression starts from when you first meet your examiner!

The examiner will be looking for a smooth polished and professional motorcyclist from the very outset of the RoADAR test.

The examiner will introduce themselves and their relevant qualifications, and during this introduction will explain the route, what is required on the test, an eyesight test and document check.

You should give a brief overview of your riding history, an unprompted explanation of your machine and the daily safety procedures you complete before riding.

To assist you with this drill the following set piece has been produced.

***"Good day, I am (name) and my riding history is (riding since 16yrs, time off when family came along, came back to riding and joined RoSPA /IAM group, weekly tutoring etc.)"***

***"This is my machine, a (Make/Model/Capacity) and it is fitted with (ABS/Traction Control/Auxiliary Lights etc.)"***

***"Before riding my machine I carry out a POWDDERYSS check as outlined in RoadCraft."***

Rehearse a script such as:

***" P - I have ensured there is sufficient fuel for today's test having filled the tank prior to arriving here. This machine will do around 200 miles to a full tank."***

***"O - I have checked the oil in accordance with the manufacturers recommendations when the machine was cold/warm whilst on level ground using the sight glass/dip stick (show location)"***

***"W - This machine is liquid cooled and I have checked the reservoir (show location) to ensure the machine has sufficient coolant."***

or

***"This machine is air/oil cooled and does not have coolant"***

Continue making reference to other liquids

***"I have checked the other liquid levels on the machine, the Clutch/Brake (front and rear) reservoirs which are translucent/have sight glasses (show locations)"***

***"D - Drive on this machine is an enclosed shaft system which is serviced in line with manufacturers recommendations or chain driven (explain how to maintain tension/lubing etc.)"***



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**"D - Damage. I have checked the machine for any damage which could cause danger and found it to be damage free.**

**"E - Prior to riding the machine I checked the lights front and rear were working correctly, including the main beam. The indicators are also working correctly and the brake light operates when the front brake lever and/or the rear brake is operated. These were checked whilst carrying out a static check of the brakes before riding (demonstrate). The horn is working correctly.**

**"R - I checked my tyres for the correct pressure (give front and rear pressures) bulges, splits or damage and they are within the legal limits of 1mm tread depth over three quarters of the width around the entire circumference.**

**"Y - You. I am fit to ride. I have not had any alcohol or drugs including prescription drugs (think Night Nurse/Hay Fever etc.) that will effect me. I am not tired or emotionally upset.**

**"S - The steering is smooth, not notchy indicating the head bearings are in good order.**

**"S - When checking the brakes before riding I checked the suspension and it is smooth and rebounds without sticking."**

Explain that you have ridden to the test site and the brakes have operated firmly and smoothly on both wheels giving you no concern about their operation.

Ask if a moving brake test will be required. If not describe how one is undertaken:-

**20mph in second gear, check mirrors for other road users, brake with front and rear brakes down to 10 mph ensuring smoothness and firmness and that it is safe to continue the journey.**

**If unable to do so explain you would brake early for the first hazard.**

Spending a few minutes delivering the above pre - ride will give your examiner the impression of a dedicated professional rider who knows their 'stuff' and are fully prepared for the test they about to undertake.

It forms part of the polish and flair that can make a rider Gold Standard and by approaching the test with this frame of mind will put you in the right place and empower you.