

## **5W-H?**

Who are you?

What are you?

Where are you?

Why are you here?

When did you arrive?

How are you?

Did you answer yes or no to any of the above questions?

And right back to the Why!

As a tutor, a trainer or a coach, depending on how you approach the role of developing others, the 5W-H method is a really important set of tools in your box.

5W-H makes you think.

It doesn't offer a 'Yes' or 'No' choice. You have to think and justify, think through and understand your answer.

Take the first question. "Who are you?"

I am "Yes" Makes no sense.

You start to think about that question, start to understand what it means, what it is asking. Try answering it now. Not a simple answer, is it?

Follow that up with "What are you?" Apply the same process. Then "Where are you", "Why are you..." etc.

You suddenly start to build up a picture of yourself and create more questions along the 5W-H method. You will start to understand yourself and look in more depth at what you are, who you are, why you are...

5W-H are 'open' questions. They cannot be answered with a simple positive or negative. They empower individuals and open thinking up.

So How does this work for you as a group tutor? Again, an open question!

So Why does this benefit? And another!

So Who does it benefit? Yep, again!

So What is the aim of this? Oh yes...thinking now?

So Where will this take you on your understanding of yourself and your associate?

So When should you utilise it? Always!

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Adopting this method when engaged in tutoring will engage your associate and make them a thinking Rider/Driver. It will help them understand every aspect of RoadCraft and their interpretation of the System of Vehicle Control, how they approach hazards, how they plan their journey, why they make various decisions, when they make those decisions and plans, what effect they have on them, their journey, their safety, others safety, what they base those plans on, who will benefit from utilising the method, where they will be and their ability to justify the position, speed and progress.

How do you use 5W-H when engaged in tutoring?

Let's look at its use in a 'real life' scenario

You have an associate that is struggling to deal with taking right hand turns regarding positioning, speed and progress.

Firstly, you need to identify this 'issue' and how to discuss it, how to approach it, what you aim to achieve by discussing it, where it will 'take' the associate in their development, why it is required, what the benefits will be and when to discuss it.

When – what is the level of danger/safety. Where to stop and discuss it? Who will benefit etc...

Once you have made the decision to address this topic, how do you approach it and engage with the associate?

Let's look at this and break it down as you would conversationally.

“How do you think that session went?”

Your associate begins to self-reflect on the whole ride/drive. They start thinking. It empowers them to understand their performance and ask themselves what they did, how they performed, why they made their decisions, when they did, where they did...

“How did you feel about how you approached the right bend on the (identify the road/place incident) “

Focus their attention on the specific you need to address. Keep it simple (KISS) and don't overload them trying to remember the whole session.

“What could you have done differently?”

Once identified and confirmed they recall what you are referring to, get them considering their actions and alternatives to the incident.

“Where could you have positioned?”

Cognitively reinstate them and get them to look at their position based on their

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information gathering. Get them to look at how best they could develop with ‘Why’s’ to their responses

“What advantage would have been gained?”

Again – open their minds to self-reflect and consider other options and importantly how and why they could gain advantage

“Why?”

Why is always a great open question – really makes an individual think! For those who have children, remember when you tried to explain something and they asked, “Why daddy/mummy?” to every answer. Do you remember how it made you think and find the answer in your own head, and justify it? That’s what you’re aiming for!

“Who would have benefitted from a different approach?”

Get them to understand who – it may be the use of silence is a good tool here. Don’t tell or answer them if they struggle – silence needs to be filled, and they will want to fill it with an answer and justification for that answer.

“When would it give you an advantage?”

Again, it’s about getting them thinking and working out the answer for themselves – empowerment.

Ultimately the goal is to make thinking drivers and riders out of associates, to develop their skills and ride/drive to the System as described in RoadCraft, with a flexible approach for their safety, others safety, efficiency, lowered stress, economy and ecological advantages and enjoyment and pleasure from riding and driving.

What do we want for our associates?

Who benefits from the associate to society in general?

Why do we want this?

When will we achieve it?

Where will their ‘journey’ as an advanced rider/driver take them (Where has it taken you?)

How we approach tutoring has a massive effect on an individual.

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